

Shiva Outreach: An Act Of Kindness

One of the highest *mitzvot* one can perform is to help others during their time of need. It is a true act of human kindness. The Caring Community Committee is proud to announce that it has launched a new volunteer group, **Shiva Outreach Support (*SOS*)**, to provide assistance to members of our congregation and their families who, while grieving, must face the stressful post-funeral period. The dedicated *SOS* volunteers provide comfort, support and assistance to newly bereaved congregants by helping to prepare their homes to receive visitors immediately after the funeral and for the start of *shiva*. They will house-sit while the family is at funeral services, receive food deliveries, set up for the meal after the funeral, set up coffee, provide water and paper towels at the home entrance to wash and dry hands after returning from the cemetery and cover mirrors throughout the house.

If you would like to help M'kor Shalom families cope during a difficult time, then *SOS* needs you. Volunteers are especially needed during daytime hours on Mondays, Tuesdays and Wednesdays to work as a team (not alone!) to help fulfill this *mitzvah*. If you are interested, or would like to learn more, we'd love to hear from you. Please contact **Karen Slutsky** at 482-5618 or kslutsky@comcast.net, or **Laurie Waring** at 424-0029 or warinfam@comcast.net.